

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Janez Arrietta always knew she was meant to care for others. Growing up in Tucson, she spent her childhood by her grandfather's side, learning patience, kindness, and the power of connection. When he passed away at 92, she carried his influence in her heart. Right after high school at the age of 18, Janez began working as a caregiver. Now at The Villas for 3 years, she finds joy in listening to the residents' stories, assisting them with daily needs, and sharing laughter over movies. Their wisdom and resilience fuel her dream of becoming a CNA.

In November, Janez welcomed her greatest blessing—her son. Taking a break from work, she embraced every precious moment with him, cherishing the love of her big, close-knit family which includes her 2 sisters and her cousins. With her fiancé by her side, she now steps into a new chapter, eager to grow, love, and continue making a difference—both at home and in the lives of those she cares for.



March 2025









Living Proud and Carefree in the Villas

Mary Jarvis has called The Villas home for four years, embracing the community and cherishing the connections she's made. Growing up, she loved her childhood memories in Benson, Arizona, and her favorite movie was *Sleeping Beauty*. More importantly in her life, she found her greatest inspiration in her parents, Rudy and Carmen. Their influence shaped her values, teaching her the importance of resilience and kindness.

For Mary, aging has brought a sense of ease—no longer worrying about life's little tasks and allowing others to lend a hand. She believes in pushing for change while also taking care of oneself. Reflecting on her journey, she is most proud of her personal growth throughout the years. These days, she finds joy in simple pleasures—playing BINGO, enjoying our Coffee & Donut socials, and spending time with neighbors and the staff at The Villas.

March 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|---|---|
|  |  |  |  |  |  | <p>Individual Villa 1</p> <p>9:00 Morning Greeting 10:00 Board Games 2:00 '70s Music Medley</p> |
| <p>Individual Villa 2</p> <p>9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 UNO</p> | <p>3</p> <p>9:00 Morning Greeting 10:00 Scenic Slow Paced Stroll 2:00 BINGO - Villa C</p> | <p>Mardi Gras 4</p> <p>9:00 Morning Greeting 10:00 Go Fish! 2:00 Ball Toss - Villa D</p> | <p>5</p> <p>9:00 Morning Greeting 10:00 Coloring 2:00 Rusty Music Performance- Villa B</p> | <p>6</p> <p>9:00 Morning Greetings 10:00 Morning Jog Around the Block 2:00 St. Patrick's Wreath - Villa D</p> | <p>7</p> <p>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Manicures throughout each Villa</p> | <p>Individual Villa 8</p> <p>9:00 Morning Coffee & Newspaper 10:00 Jenga 2:00 Movies</p> |
| <p>Individual Villa 9</p> <p>9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Charades</p> | <p>10</p> <p>9:00 Morning Greeting 10:00 Scenic Slow Paced Stroll 2:00 Rock Painting - Villa B</p> | <p>11</p> <p>9:00 Morning Greeting 10:00 Chair Exercises 2:00 Peter Music - Villa C</p> | <p>12</p> <p>9:00 Morning Greeting 10:00 Clover Dream Catchers 2:00 Joe Bucci - Villa A</p> | <p>13</p> <p>9:00 Morning Greetings 10:00 Morning Jog Around the Block 2:00 Friendship Bracelets - Villa B</p> | <p>14</p> <p>9:00 Morning Greeting 10:00 Coffee & Donuts 12:00 National Pi Day Social - Villa E</p> | <p>Individual Villa 15</p> <p>9:00 Morning Coffee & Newspaper 10:00 Outdoor Bird Watching 2:00 Rock Painting</p> |
| <p>Individual Villa 16</p> <p>9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Go Fish!</p> | <p>17</p> <p>9:00 Morning Greeting 10:00 Scavenger Hunt 2:00 Shakes Social - Villa C</p> | <p>18</p> <p>9:00 Morning Greeting 10:00 Scenic Slow Paced Stroll 2:00 Coloring - Villa D</p> | <p>19</p> <p>9:00 Morning Greeting 10:00 One-on-One Time 2:00 Rusty Music Performance - Villa A</p> | <p>20</p> <p>9:00 Morning Greetings 10:00 Morning Jog Around the Block 2:00 Music with Tommy</p> | <p>21</p> <p>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Manicures throughout each Villa</p> | <p>Individual Villa 22</p> <p>9:00 Morning Coffee & Newspaper 10:00 Coloring 2:00 '80s Music Medley</p> |
| <p>23</p> <p>9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Movies</p> | <p>24</p> <p>9:00 Morning Greeting 10:00 Scenic Stroll 2:00 Saiyeeda Music</p> | <p>25</p> <p>9:00 Morning Greeting 10:00 Chair Exercises 2:00 Chips & Dips Social - Villa C</p> | <p>26</p> <p>9:00 Morning Greeting 10:00 Charades 2:00 National Something on a Stick Day Craft</p> | <p>27</p> <p>9:00 Morning Greetings 10:00 Morning Jog Around the Block 2:00 Chess - Villa B</p> | <p>28</p> <p>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Visit by Antonio with Harmony Hospice</p> | <p>Individual Villa 29</p> <p>9:00 Morning Coffee & Newspaper 10:00 Trivia Questions 2:00 Crosswords</p> |
| <p>30</p> <p>9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Movies</p> | <p>31</p> <p>9:00 Morning Greeting 10:00 Birthday Cards - Villa C 2:00 Birthday Celebration - Villa E</p> | | | | | |

Highlights from some of last month's fun!



Celebrating a March Birthday!

- March 10 - Judy
- March 10 - Ronald
- March 12 - Margaret
- March 17 - Kathryn
- March 18 - Lisa
- March 30 - German



Welcome to Our New Residents!

- Bruce
- German
- Lisa

