

# The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | [www.villasatwilmot.com](http://www.villasatwilmot.com)



## Employee Spotlight of the Month

Certified caregiver, Kelly Chavez, grew up in Tucson, always having a passion to help others. Inspired by her childhood dream of becoming a nurse, Kelly has dedicated herself to making a difference in the lives of others every day. For Kelly, the most rewarding part of her role is hearing the residents' life stories and experiences. These conversations not only inspire her but also strengthen the bond she shares with each resident. "Every day is a special day," Kelly says, as she finds joy in making meaningful connections.

Kelly's family includes her beloved daughter and four dogs, who bring warmth and happiness to her life. Spending quality time with them is what she treasures most, whether it's sharing laughter, creating memories, or simply enjoying each other's company. With her compassionate heart and love for helping others, Kelly brings light and positivity to everyone she meets, making her a cherished part of The Villas family.



## January 2025



## Dedicated and Always Inspired by Family

Sonya Lewis grew up in Germantown, Philadelphia, in a household filled with love. With an older sister and a younger brother, Sonya had a close-knit family, especially with her mother, who instilled the values of perseverance and dedication. Among her greatest influences was her cousin Thelma, a proud member of the Black Panthers, whose strength and determination left a lasting impression. Sonya's career began as a surgical technician assistant, but her proudest accomplishments were raising her two children. Her daughter, an honor student, will be entering her fifth year at Harvard Medical School. Sonya beams with pride when speaking of both of their achievements.

As she reflects on the rewards of aging, Sonya appreciates the simple joy of restful sleep and the wisdom gained through life's challenges. These days, Sonya loves the power of music to bring back cherished memories, which is why she favors the musical performances at The Villas. Sonya's story is one of love and the strength to always keep moving forward, and she brings a warm spirit and wisdom to The Villas!



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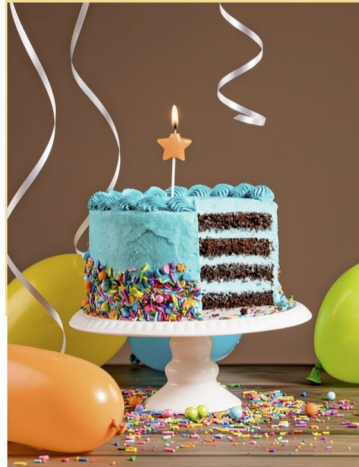
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>New Year's Day</b> 1 9:00 Morning Greeting 10:00 New Year Goals 2:00 Rock Painting	2 9:00 Morning Greetings 10:00 Champagne Coloring 2:00 Ball Toss	3 9:00 Morning Greeting 10:00 Coffee & Donuts with Tommy 2:00 BINGO	4 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 UNO
5 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Go Fish	6 9:00 Morning Greeting 10:00 Word Searches <b>2:00 Manicures</b>	7 9:00 Morning Greeting 10:00 Chair Exercises <b>2:00 Peter Music Performance</b>	8 9:00 Morning Greeting 10:00 Bean Craft 2:00 Shortbread Cookie Social	9 9:00 Morning Greetings 10:00 Family Feud 2:00 UNO	10 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Coloring	11 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 Charades 2:00 Puzzles
12 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Family Feud	13 9:00 Morning Greeting 10:00 Vision Boards 2:00 Rubber Ducks Painting	14 9:00 Morning Greeting 10:00 Ball Toss 2:00 Charades	15 9:00 Morning Greeting 10:00 Word Searches <b>2:00 Strawberry Ice Cream Social</b>	16 9:00 Morning Greetings 10:00 Board Games <b>2:00 Manicures</b>	17 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Winnie the Pooh Day Coloring or Pots Recreation	18 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 Outside Gazebo Chatter 2:00 '80s Music
19 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Classical Music	20 <b>Martin Luther King Jr. Day</b> 9:00 Morning Greeting 10:00 MLK Coloring 2:00 MLK Celebration	21 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Hugging T-Shirt Painting	22 9:00 Morning Greeting 10:00 Pin the Cherry on the Ice Cream 2:00 UNO	23 9:00 Morning Greetings 10:00 Checkers 2:00 National Compliment Day - Make & Send a Note for Someone	24 9:00 Morning Greeting <b>10:00 Coffee &amp; Donuts - Me and My Gal Performance</b> 2:00 Saiyeeda Music	25 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 National Opposite Day 2:00 Don't Watch Movies and Don't be Fun
26 <b>Individual Villa</b> 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 2:00 Coloring Pages	27 9:00 Morning Greeting 10:00 Birthday Cards <b>2:00 Birthday Celebration</b>	28 9:00 Morning Greeting 10:00 Ladybug Coloring 2:00 Gift of the Ladybug	29 9:00 Morning Greeting 10:00 Badminton 2:00 Rusty Music	30 9:00 Morning Greetings 10:00 Rock Painting <b>2:00 Manicures</b>	31 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 BINGO	



**Highlights from some of last month's fun!**



**Celebrating  
A Birthday!**  
*January 11 - Robert  
January 17 - Guadalupe*



**Welcome to Our  
New Residents!**  
*Josephine  
Mary Ann*

