

The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Growing up in Jackson, Mississippi, this dedicated caregiver always felt a passion for helping others, though he once dreamed of becoming an electrician. After more than nine years as a certified nursing assistant (CNA), Alex Stuart has found that providing compassionate care is his calling. Raised by a strong, independent mother as one of seven children, he has learned the importance of patience, understanding, and dedication in his work.

Alex's favorite part of caregiving is making meals for the residents, which he believes provide both nourishment and joy. Sharing a good meal with them brings smiles and creates quality time to learn more about each person. With a team-oriented spirit and a true dedication to his residents, he is also planning to further his career by becoming a registered nurse to provide care in a hospital setting. And when Alex has a rare moment to himself, he enjoys simply resting and recharging.



December 2024



Loving Memories & Making More

Lupita Meza grew up in Obregon, Mexico, with two brothers and two sisters, raised by hardworking parents who made sure she attended the best schools. Greatly influenced by her mother's strength, Lupita recalls their family vacations to lakes and beaches with fondness. Her favorite childhood movie was *Felix the Cat*, and she later became an accountant. Lupita met her husband at his clothing store, rekindling a friendship that blossomed into love.

Throughout life, Lupita has cherished meeting and interacting with new people, a lesson that has taught her to never give up. She says the best day of her life was when she had her children, and she is proudest of her children and grandchildren. Sharing meals together remains her greatest joy. Now at The Villas, Lupita enjoys making new friends, especially looking forward to the holidays and the delicious food events that bring everyone together.

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Individual Villa 1 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 11:30 Snack of Choice 2:00 Board Games	Individual Villa 2 9:00 Morning Greeting 10:00 Outdoor Hot Cocoa at Gazebo 11:00 Hydration Station 2:00 Manicures	Individual Villa 3 9:00 Morning Greeting 10:00 Exercise Class 11:00 Hydration Station 2:00 Ring Toss	Individual Villa 4 9:00 Morning Greeting 10:00 Coloring 2:00 Santa Hats	Individual Villa 5 9:00 Morning Greetings 10:00 Birthday Cards 2:00 Christmas Play-Doh & Worksheets	Individual Villa 6 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 BINGO	Individual Villa 7 9:00 Morning Coffee & Newspaper 10:00 UNO 11:00 Christmas List 2:00 Coloring
Individual Villa 8 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 11:00 Puzzles 2:00 Music Therapy featuring the '70s	Individual Villa 9 9:00 Morning Greeting 10:00 Snowflake Craft 2:00 Snowman Art	Individual Villa 10 9:00 Morning Greeting 10:00 Charades 2:00 Peter - Villa F	Individual Villa 11 9:00 Morning Greeting 10:00 Gingerbread Coloring 2:00 Stocking Craft	Individual Villa 12 9:00 Morning Greetings 10:00 Candy Ornaments Pops Craft 2:00 Cookie Decorating for Santa	Individual Villa 13 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Mickey Mouse Movie with Coloring	Individual Villa 14 9:00 Morning Coffee & Newspaper 10:00 Decorating Tree Wrap Up 2:00 Polar Express Movie
Individual Villa 15 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 11:00 Snack 2:00 The Grinch Movie	Spirit Week-Jolly Pajamas 16 9:00 Morning Greeting 10:00 Penguin Craft 1:30 Milk and Cookies Social	Santa's Workshop 17 9:00 Morning Greeting 10:00 Exercise Class 2:00 Make an Ornament	Candy Cane Town 18 9:00 Dress as a Christmas Tree! 10:00 Holiday Party Decorating - Dress Festively! - Villa C	Ugly Sweater Thursday 19 9:00 Morning Greetings 10:00 Gingerbread Houses 2:00 UNO	Frosty Friday Finale 20 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Red & Green Craft Chain	Individual Villa 21 9:00 Morning Coffee & Newspaper 10:00 Family Feud 2:00 A Mickey Mouse Christmas
Individual Villa 22 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 11:00 Crosswords 2:00 Christmas Jams	Individual Villa 23 9:00 Morning Greeting 10:00 Santa Hats 2:00 Birthday Celebration	Individual Villa 24 9:00 Morning Greeting 10:00 Grinch Coloring 2:00 Grinch Steals Craft	Christmas 25 9:00 Christmas Cheer 12:00 Christmas Dinner 2:00 Christmas Caroling	1st Day of Hanukkah 26 9:00 Morning Greetings 10:00 Rock Painting 2:00 Holiday Decoration Cleanup	Individual Villa 27 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 New Year's Coloring	Individual Villa 28 9:00 Morning Coffee & Newspaper 10:00 Nightmare Before Christmas Coloring 2:00 Nightmare Before Christmas Movie
Individual Villa 29 9:00 Morning Coffee & Newspaper 10:00 Weekly Televised Church Service 11:00 Coloring 2:00 Home Alone Movie Viewing	Individual Villa 30 9:00 Morning Greeting 10:00 New Year's Resolution 2:00 Bring out the glasses and cool down the cider!	Individual Villa 31 9:00 Morning Greeting 10:00 New Year's Prep 11:00 Everything Red for Good Luck 2:00 Red Snack Social!				

Highlights from some of last month's fun!



Happy Birthday!
 December 8 - Elizabeth
 December 12 - Joyce
 December 20 - Sidney
 December 21 - George
 December 24 - Anne
 December 24 - Holly
 December 25 - Cathryne
 December 30 - Shirley



Welcome to Our New Residents!
 Maria
 Roberta

