

# The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | [www.villasatwilmot.com](http://www.villasatwilmot.com)



## Employee Spotlight of the Month

Assistant caregiver Albert Alvarez is no stranger to this local community and to being there for others. Albert was born and raised in Tucson and has been employed with The Villas since 2022, and he says that he is so grateful for his grandparents, who helped raise him while his mother worked. Later in life, it was his turn to care for his grandmother, which started him on his path to professional caregiving. Albert always wanted to serve and tend to the needs of others, though he initially considered becoming a paramedic. When assisting our residents, he enjoys getting to know them personally, and he equally enjoys bonding with his coworkers. Albert likes to encourage participation in daily activities and watching the residents have fun. Regarding his personal life, Albert remains close with his mother and sister, trying to visit with them on the phone whenever possible. When away from work, he likes relaxing at home with his two teacup shih tzus. Whether it's with his family, his dogs, coworkers, or residents, Albert's big heart always shines through.



## August 2024



## Residing Among Friends and Family

Marie Wickramasekera grew up in Indiana and has fond memories of family picnics among the green trees and sand dunes next to Lake Michigan. Marie says she was surrounded by a loving family, especially by her grandmother. She has three brothers and three sisters; Peter, Malcolm, Harry, Maude, Therese, and Christine. She says they always spent time playing and making each other laugh, and she cherished growing up in a Catholic family. In her younger days, Marie worked in a smoke shop for 5 years as an assistant manager where she enjoyed socializing with the customers. In this chapter of her life, Marie has come to appreciate being able to take naps whenever she likes, and she advises others to always keep an open heart. She loves to spend time feeding birds, enjoying nature, and attending the musical events here at The Villas. Marie says she has made many great friends here and she is thankful that everyone has made her feel like family.

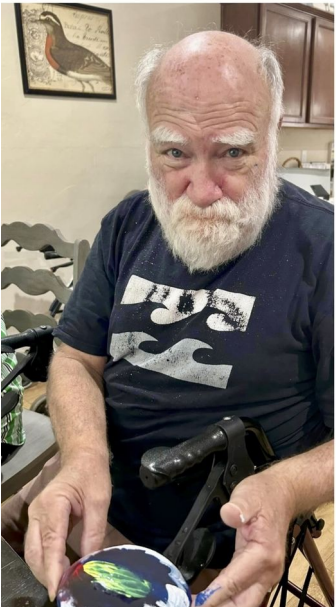


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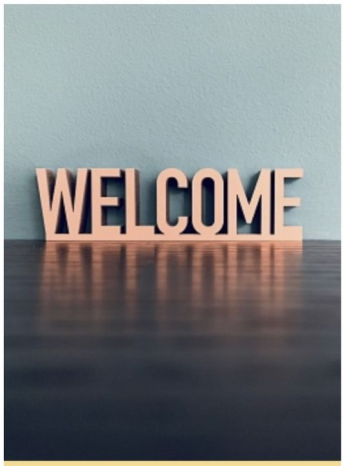
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Individual Villa</b> 4 9:00 Morning Coffee &amp; Newspaper 10:00 Puzzles 2:00 Movie &amp; Snacks</p>	 <p><b>Individual Villa</b> 5 8:30 Morning Greeting 2:00 Ball Toss - Villa D 9:00 Sisters Day Card Making</p>	 <p><b>Individual Villa</b> 6 8:30 Morning Group Walk 9:30 Hydration Station 2:00 Cha-Chings Day Craft - Villa C</p>	 <p><b>Individual Villa</b> 7 9:00 Morning Greeting 10:00 Jello Social - Villa E 2:00 Music with Frank Ross</p>	<p><b>Individual Villa</b> 1 9:30 Spiderman Day! Coloring Pages - Villa F 2:00 Make Your Own Pie - Villa E</p>	<p><b>Individual Villa</b> 2 8:00 Morning Greeting 10:00 Coffee &amp; Donuts - Villa C 2:00 Manicures</p>	<p><b>Individual Villa</b> 3 9:00 Morning Coffee &amp; Newspaper 2:00 Popsicles</p>
<p><b>Individual Villa</b> 11 9:00 Morning Coffee &amp; Newspaper 10:00 Go Fish 2:00 Movie &amp; Popcorn</p>	<p><b>Individual Villa</b> 12 9:00 Morning Greeting 10:00 Matching Games - Villa C 2:00 Manicures - Villa F</p>	<p><b>Individual Villa</b> 13 8:30 Morning Group Walk 9:30 Hydration Social Meet Up - Villa F 2:00 S'mores - Villa A</p>	<p><b>Individual Villa</b> 14 8:30 Gazebo Chats 10:00 Arm &amp; Leg Stretches 2:00 Music with Frank Ross - Villa C</p>	<p><b>Individual Villa</b> 15 8:30 Morning Walk Meet Up - Villa A 9:30 Hydration Station 2:00 Dancing with Music - Villa G</p>	<p><b>Individual Villa</b> 16 10:00 Coffee &amp; Donuts - Villa D 2:00 Pictionary - Villa E</p>	<p><b>Individual Villa</b> 17 9:00 Morning Coffee &amp; Newspaper 10:00 80s Music 2:00 Board Games</p>
<p><b>Individual Villa</b> 18 9:00 Morning Coffee &amp; Newspaper 10:00 Puzzles 2:00 Elvis Presley Music</p>	<p><b>Individual Villa</b> 19 9:00 Morning Greeting 10:00 Melon Monday - Villa G 2:00 Memory Cards</p>	<p><b>Individual Villa</b> 20 8:30 Morning Chatter - Gazebo 9:30 Football Piñata - Villa B 2:00 Lemonade &amp; Crackers - Villa F</p>	<p><b>Individual Villa</b> 21 8:30 Morning Walk 9:30 Hydration Station 2:00 Rock Painting - Villa D</p>	<p><b>Individual Villa</b> 22 9:00 Morning Exercises - Villa A 10:00 Hydration Station 2:00 Flower Vase Crafting - Villa A</p>	<p><b>Individual Villa</b> 23 10:00 Coffee &amp; Donuts and Music with Me &amp; My Gal - Villa A 2:00 Karaoke - Villa B</p>	<p><b>Individual Villa</b> 24 9:00 Morning Coffee &amp; Newspaper 10:00 Gazebo Social 2:00 Brain Gym</p>
<p><b>Individual Villa</b> 25 9:00 Morning Coffee &amp; Newspaper 10:00 Tic Tac Toe 2:00 Arts &amp; Crafts</p>	<p><b>Individual Villa</b> 26 9:00 Chair Exercise - Villa E 2:00 Pictionary - Villa C</p>	<p><b>Individual Villa</b> 27 9:00 Morning Greeting 10:00 Balloon Toss - Villa D 2:00 Banana Splits - Villa E</p>	<p><b>Individual Villa</b> 28 10:00 Birthday Cards - Villa A 2:00 Birthday Social - Villa G</p>	<p><b>Individual Villa</b> 29 8:30 Morning Walk Meet Up - Villa D 9:30 Hydration Station 2:00 Tea with Cheese &amp; Crackers</p>	<p><b>Individual Villa</b> 30 10:00 Coffee &amp; Donuts - Villa E 2:00 BINGO - Villa E</p>	<p><b>Individual Villa</b> 31 9:00 Morning Coffee &amp; Newspaper 10:00 Coloring 2:00 Pampering Day</p>



**Highlights from some of last month's fun!**



**Happy Birthday!**  
 August 2 - June  
 August 17 - Marjorie  
 August 24 - Paulette  
 August 26 - Waltrude  
 August 28 - Robert



**New Residents!**  
 Carol  
 Craig  
 Janice  
 Lenore

